

**MODULE SPECIFICATION FORM**

<b>Module Title:</b>	Parents and the Performer	<b>Level:</b>	3	<b>Credit Value:</b>	20
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<b>Module code:</b>	FAW302	<b>Is this a new module?</b>	Yes	<b>Code of module being replaced:</b>	
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<b>Cost Centre:</b>	GASP	<b>JACS3 code:</b>	C610
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<b>Trimester(s) in which to be offered:</b>	1, 2 and 3	<b>With effect from:</b>	September 2016
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<b>School:</b>	School of Social and Life Sciences	<b>Module Leader:</b>	Julian Ferrari
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Scheduled learning and teaching hours	40 hrs
Guided independent study	160 hrs
Placement	0hrs
<b>Module duration (total hours)</b>	200 hrs

<b>Programme(s) in which to be offered</b>	Core	Option
BSc (Hons.) Football Coaching and the Performance Specialist (With Foundation Year)	<input checked="" type="checkbox"/>	<input type="checkbox"/>

<b>Pre-requisites</b>
None

Office use only

Initial approval August 16

APSC approval of modification -

Have any derogations received SQC approval?

Version 1

Yes  No

**Module Aims**

This module aims to:

- To introduce the student to relationship factors that can affect performance. Demonstrating how the interaction of significant others (e.g. parents, siblings, coaches, teammates) can influence the athlete's behaviour.

**Intended Learning Outcomes**

Key skills for employability

- KS1 Written, oral and media communication skills  
 KS2 Leadership, team working and networking skills  
 KS3 Opportunity, creativity and problem solving skills  
 KS4 Information technology skills and digital literacy  
 KS5 Information management skills  
 KS6 Research skills  
 KS10 Numeracy

At the end of this module, students will be able to

Key Skills

1	Articulate knowledge and understanding that recognises the influence significant others have on the performer.	KS1	KS4
		KS5	KS6
		KS10	
2	Demonstrate an understanding of how relationships can be managed in sport.	KS2	KS3
		KS5	KS6
		KS10	
3	Describe the behaviours presented by the significant other than may influence an athlete	KS1	KS3
		KS6	
4	Describe strategies that can be used to manage relationship interaction.	KS1	KS2
		KS5	KS6

Transferable/key skills and other attributes

Working independently, working in groups, IT, working in a practical and laboratory environment, self-management, problem solving, presentation skills.

**Derogations**

N/A

**Assessment:**

Assessment 1: **Essay:** The student will submit a written essay describing the influence that significant others have on the performer.

Assessment 2: **Presentation:** The students will demonstrate an understanding of how relationships can be managed in sport.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1 and 2	Essay	40%		1500 words
2	3 and 4	Presentation	60%		20 mins

**Learning and Teaching Strategies:**

This module will be taught through a series of lectures, seminars and field/laboratory practical's, with the primary emphasis on the application of theory to practice.

**Syllabus outline:**

- Introduction to Significant others in sport
- The Role of FAW
- The Role of the Parent
- Parental Behaviour
- Developing the Athlete
- Implications for the Coach
- Parents as Coaches
- Systems to Manage Challenging Behaviour

**Bibliography:**

**Essential reading**

U.S. Sports Academy (2015), *How to Effectively Manage Coach, Parent and Player Relationships*. Available from <http://thesportjournal.org/article/how-to-effectively-manage-coach-parent-and-player-relationships> . [Electronically accessed 7<sup>th</sup> June, 2016.]

Jowett, S. (2005), *The coach-athlete Partnership*. Available from <https://thepsychologist.bps.org.uk/volume-18/edition-7/coach-athlete-partnership> . [Electronically accessed 7<sup>th</sup> June, 2016.]

FAW (2014), *The FAW Football Code of Conduct*. Available from [www.ajfl.org.uk/LeagueDocuments/download/7503](http://www.ajfl.org.uk/LeagueDocuments/download/7503) . [Electronically Accessed 7<sup>th</sup> June, 2016.]

### **Other indicative reading**

Erickson, D. (2004), *Moulding young athletes*. Oregon, WI: Purington Press.

Hellstedt, J. C. (1987), 'The Coach / Parent / Athlete Relationship'. *The Sport Psychologist*, Vol. 1, pp.151-160.

Gould, D., Lauer, L., Rolo, C., Jannes, C. and Pennisi, N. (2008), 'Understanding the role parents play in tennis success: A national survey of junior tennis coaches', *British Journal of Sports Medicine*, Vol.40, No.7, pp.632-636.

Jowett, S. and Timson-Katchis, M. (2005), 'Social Science Networks in Sport: Parental Influence on the Coach-Athlete Relationship', *Sport Psychologist*, Vol.19, No.3, pp.267-287.